Dear Parents and Caregivers,

**Athletics Carnival**

On **Wednesday the 5th of June** our school will be holding its annual Athletics Carnival at the Merriwa No. 2 Sports Oval. Our Carnival will commence at 9:30am and conclude by 2:30pm. On the day there will be a canteen offering lunch orders of a sausage or steak sandwich. If you wish to order lunch you will have to do so prior to the carnival. Lunch order forms have already been sent home; please remember to fill out the form for all family members wanting to order lunch. A program of events will be sent home closer to the carnival date.

Age sections for the carnival will be organised in the following way: 5, 6 and 7 years olds - Juveniles, 8, 9 and 10 year olds - Juniors, 11 year olds will compete in their own age group, 12 and 13 year olds - Seniors. The reason for this grouping is to establish those students who will compete at the Regional Athletics Carnival.

Please indicate whether you are able to help at the Athletics Carnival by returning the attached medical and parent helper note.

**Field Event Heats**

In order to ensure a smooth operating carnival day we have planned to run heats for shot put and long jump before the carnival. We will be holding the heats for these two field events on **Wednesday the 29th of May**.

The whole school will be walking to the sports oval at 11:15am. We will then eat our lunch at the oval and break into age sections for the running of the events. We have been preparing for the carnival in our Daily Fitness rotations and in our weekly sports lesson. These established skills will be worked on while the field event heats are taking place. Student will participate in tabloid sports to ensure they know the games and rules prior to the carnival.

You are more than welcome to join us and help run the heats for long jump and shot put. From the heats we will gain finalists - the top four competitors, from each age section. The finals for long jump and shot put will be held at the Athletics Carnival. Students who did not qualify as the finalists will still partake in long jump at the carnival, however, this will run as a novelty event and participation points will be awarded to each competitor.

Please return the below slip if you are able to help run the field event heats or the tabloid sports.

Many Thanks,

Samantha Kerr

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**Please return by Friday the 24th of May**

I _________________________ am able to assist on Wednesday the 29th of May from 11:30am in the

- Long jump heats
- Shot put heats
- Tabloid sports

Signed _______________________________

On the 5th of June (Athletics Carnival) my emergency contact number will be ________________________________

Parent’s Signature _____________________ Date_______________________

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MEDICAL INFORMATION

CHILD ONE
Child’s Name_________________________ Date of Birth__________________
Is there any medical condition or illness of which your child’s teacher should be aware?
__________________________________________________________________________________________________
__________________________________________________________________________________________________
Has your child been ill within the last 6 weeks?
__________________________________________________________________________________________________
__________________________________________________________________________________________________
Medication your child needs to take. Please ensure this is given to the teacher before the excursion with a written explanation of frequency to be taken and dosage. This form can be found on the school website.
__________________________________________________________________________________________________
__________________________________________________________________________________________________

CHILD TWO
Child’s Name_________________________ Date of Birth__________________
Is there any medical condition or illness of which your child’s teacher should be aware?
__________________________________________________________________________________________________
__________________________________________________________________________________________________
Has your child been ill within the last 6 weeks?
__________________________________________________________________________________________________
__________________________________________________________________________________________________
Medication your child needs to take. Please ensure this is given to the teacher before the excursion with a written explanation of frequency to be taken and dosage. This form can be found on the school website.
__________________________________________________________________________________________________
__________________________________________________________________________________________________

CHILD THREE
Child’s Name_________________________ Date of Birth__________________
Is there any medical condition or illness of which your child’s teacher should be aware?
__________________________________________________________________________________________________
__________________________________________________________________________________________________
Has your child been ill within the last 6 weeks?
__________________________________________________________________________________________________
__________________________________________________________________________________________________
Medication your child needs to take. Please ensure this is given to the teacher before the excursion with a written explanation of frequency to be taken and dosage. This form can be found on the school website.
__________________________________________________________________________________________________
__________________________________________________________________________________________________
## 2013 St Joseph’s Merriwa Athletics Carnival Parent Helpers – Roles outlined

**Name:**

* Please return by Friday the 31st May

<table>
<thead>
<tr>
<th>Position</th>
<th>Role</th>
<th>Please indicate interest (Yes / No)</th>
<th>Age section (please circle preferred)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age Group Helper</td>
<td>Assist team manager in ordering students into their heats. Assist in taking students to the toilets.</td>
<td></td>
<td>Juvenile Girls / Boys Junior Girls / Boys 11 &amp; Senior Girls / Boys</td>
</tr>
<tr>
<td>Time Keepers</td>
<td>Timing students who are racing. If interested instructions will go home to familiarise yourself with the procedure prior to the event.</td>
<td></td>
<td>n/a</td>
</tr>
<tr>
<td>Chief Time Keeper</td>
<td>Oversee the times for each place in heats and finals</td>
<td></td>
<td>n/a</td>
</tr>
<tr>
<td>Recorders</td>
<td>Recording individual and house points for each event</td>
<td></td>
<td>n/a</td>
</tr>
<tr>
<td>Long Jump final (official)</td>
<td>Run event as per provided rules. Three competitors from juvenile, junior 11yrs and senior boys and girls will jump off for final placing</td>
<td></td>
<td>n/a</td>
</tr>
<tr>
<td>Long Jump novelty</td>
<td>Ensure students are participating in accordance to the provided rules</td>
<td></td>
<td>n/a</td>
</tr>
<tr>
<td>Shot Put final (official)</td>
<td>Run event as per provided rules. Three competitors from juvenile, junior 11yrs and senior boys and girls will jump off for final placing</td>
<td></td>
<td>n/a</td>
</tr>
</tbody>
</table>

Thank you for generously gift of your time to help run our school Athletics Carnival!

Samantha Kerr

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